

May 13, 2022

Medavie Blue Cross – Get to Know Your Benefit Plan

May 18th 10:00 a.m. – 11:00 a.m Medavie Blue Cross will be providing an overview of the tools and resources available to you as a plan member. The discussion will include the mobile app/cardholder site, Blue Cross Advantage program, My Good Health wellness platform, Connected Care value-added services, and optional benefits. Sign up here:

<https://forms.office.com/Pages/ResponsePage.aspx?id=vOY6nmxuikSk43-c3Y05nmB3KlQYlpJHnDGEIHswSnxUMlhVRjFCR01GSVoyNk0xU0IHTE5LV0ZHWS4u>

Nurse’s Week May 9th - 15th

This year marks another year which we need to take a moment and thank all of our frontline medical professionals for stepping up to continually to protect us, our families and friends. This year’s theme is **#WeAnswerTheCall**, and throughout this pandemic they have certainly shown that they do step up to answer the call! Day after day they leave their family and friends to go fight with us and for us; see us all at our worse, and thankfully saving many of us. Thank you to the dedicated Nurses who went into this profession, and continue to go in everyday to save our lives!

International Day Against Homophobia, Transphobia and Biphobia – May 17

The International Day Against Homophobia, Transphobia and Biphobia was created in 2004 to draw the attention to the violence and discrimination experienced by lesbian, gay, bisexual, transgender, intersex people and all other people with diverse sexual orientations, gender identities or expressions, and sex characteristics.

The date of May 17th was specifically chosen to commemorate the World Health Organization’s decision in 1990 to declassify homosexuality as a mental disorder.

The Day represents a major global annual landmark to draw the attention of decision makers, the media, the public, corporations, opinion leaders, local authorities, etc. to the alarming situation faced by people with diverse sexual orientations, gender identities or expressions, and sex characteristics.

We are happy and proud to announce that a large consultation with LGBTQI+ organisations worldwide has identified the theme for the 2022 edition of the International Day against Homophobia, Transphobia and Biphobia:

“Our Bodies, Our Lives, Our Rights”

A great theme under which many forms of advocacy are possible: claiming our rights to live our sexualities and to express our gender(s) freely, but also demanding to be free from physical violence, from conversion so-called “therapies” to forced sterilisation of Trans and Intersex people.

A theme that reminds us that many of us across the world live LGBTQI-phobias in their very flesh every day and that our bodies are being abused, ruining our lives. Our bodies are our lives. And we have a right to live free and in dignity!

National Public Works Week (May 15 – May 21)

May 15 to 21 is National Public Works Week! This year, we recognize that Public Works staff are **'Ready & Resilient'** and challenge everyone to think about the role public works plays in creating a great place to live. By working together, the impact citizens and public works professionals can have on their communities is magnified and results in the ability to accomplish goals once thought unattainable. Public Works Services determines a society's quality of life through providing clean water, building roads and

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<https://nsupe.ca/local-13/>

bridges, removing snow on roadways, caring for public spaces and gardens for all to safely enjoy and more.

Local 13 honours the vital contribution public works professionals make everyday to communities across North America and invites the public to celebrate their quiet dedication and indispensable influence on our way of life.

HRM Pension Plan VIRTUAL Session

The HRM Pension Plan welcomes you to join their VIRTUAL presentation on the general HRM Pension Plan benefits and features on **Monday May 30th at 6:00 p.m.** The session will be provided through Microsoft Teams and will last approximately 60-75 minutes. Whether you are newly hired, mid-career or approaching retirement, this pension information session is for you! **Note:** This is not a retirement readiness/financial planning session. It is a presentation of the HRM Pension Plan benefits and features. This session is open to current members of the HRM Pension Plan. **Advanced registration, along with a valid email address is required.** To register, contact the HRM Pension Plan Office by phone: 902-490-6213 or 1-888-490-6213 or at HRMpension@halifax.ca

**Please see attachment for specifics for registration.